Hi (THEIR NAME),

Thank you for your interest in volunteering with Convention of States. We could sure use your help. There are a lot of different volunteer options available from 20 minutes a month to 20 hours a week. It just depends on what you have to give and are looking to do.

You can see a list of volunteer positions/descriptions and apply on our [Take Action Page](https://conventionofstates.com/take_action/), or give me a call and I would be happy to answer any questions you have.

You can also take advantage of the free video classes on [COS University](https://cosuniversity.com/) to learn about Convention of States, the common objections, and what the answers to those objections are.

To access COS University [create an account](https://conventionofstates.com/users/sign_up), then use your email address and the password you just made to [login](https://conventionofstates.com/users/sign_in) and go to [My Courses](https://cosuniversity.com/course-list/).

YOUR NAME
District Captain – House District **##**
YOUR EMAIL
YOUR PHONE NUMBER